

Peripheral Arterial Disease

pe·riph·er·al Pronunciation: *puh-rif-er-uhl*    ar·te·ri·al Pronunciation: *ahr-teer-ee-uhl*

Year-Round—Spots About P.A.D.

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Clogged arteries in your legs, or P-A-D, can raise your risk for heart attack and stroke. If you are over 50, talk to your doctor about P-A-D. You can also learn more at [about P-A-D dot org](#).

A message from the U.S. Department of Health and Human Services.

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If you are over 50, you may be at risk for peripheral arterial disease, or P-A-D. It's clogged arteries in the legs and can increase your risk for heart attack and stroke. To learn more about P-A-D and find out what you can do to reduce your risk, visit [w-w-w dot about P-A-D dot org](#). That's [w-w-w dot about P-A-D dot org](#).

A message from the U.S. Department of Health and Human Services.

February—Spots About American Heart Month

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Focus on your legs during American Heart Month this February. P-A-D means clogged arteries in your legs, and raises your risk for heart attack and stroke. Learn more about P-A-D at [w-w-w dot about P-A-D dot org](#).

A message from the U.S. Department of Health and Human Services.

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P-A-D means clogged arteries in your legs, and raises your risk for heart attack and stroke. During American Heart Month this February, focus on the cardiovascular health of your whole body. Learn more about P-A-D at [w-w-w dot about P-A-D dot org](#).

A message from the U.S. Department of Health and Human Services.

May—Spots About National High Blood Pressure Education Month

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Did you know that high blood pressure can increase your risk for peripheral arterial disease, or P-A-D? P-A-D is clogged arteries in the legs. During National High Blood Pressure Education Month, talk to your doctor about how you can prevent high blood pressure and know your risks for P-A-D.

A message from the U.S. Department of Health and Human Services.

September—Spots About Stay in Circulation Week

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Take steps to learn about P-A-D during Stay in Circulation Week in September. Visit [w-w-w dot about P-A-D dot org](#) for more information.

A message from the U.S. Department of Health and Human Services.

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If you're fifty or older, take steps to learn about P-A-D during Stay in Circulation Week in September. P-A-D means clogged arteries in the legs and raises your risk for heart attack and stroke. Learn more about P-A-D at [w-w-w dot about P-A-D dot org](#).

A message from the U.S. Department of Health and Human Services.